

Glen Rock Pool

Schedule 2022

All Dates and Times Subject to Change without Notice.
Check postings at the pool and www.glenrockva.org for notifications

Early Morning Lap Swim

May 23-June 23:

M-F: 6-8 am

August 1-Sept 2:

M-F: 6-8 am

Lap Swim

May 23-Sept 5th:

8-10:30 am

General Swim

June 24-September 2:

M-F 11am-8pm

May 28-June 19 & September 3/4:

SAT/SUN: 11am-6pm

June 20-August 28th:

SAT/SUN: 11am-8pm

Special Dates & Times

Wednesday Night...Something Else: Wednesdays

July 6, 13, 20, 27 Aug 3 and 10
7 pm-9 pm

Memorial Day Weekend:

Saturday May 28-Monday May 30

Lap: 8-10:30 am

General Swim: 11-6 pm

July 4th: Lap 8:30-10:30 am

General Swim: 11-6 pm

Labor Day: Monday, September 5

Lap: 8-10:30 am

General Swim: 11-6 pm



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MAY	23	24	25	26	27	28
	Early 6-8am Lap: 8-10:30am	Early 6-8am Lap: 8-10:30am	Early 6-8am Lap: 8-10:30am	Early 6-8am Lap: 8-10:30am	Early 6-8am Lap: 8-10:30am	Lap: 8-10:30am Gen: 11-6
29	30	31	JUNE 1	2	3	4
Lap: 8-10:30am Gen: 11-6	Lap: 8-10:30am Gen: 11-6pm	Early 6-8am Lap: 8-10:30am	Early 6-8am Lap: 8-10:30am	Early 6-8am Lap: 8-10:30am	Early 6-8am Lap: 8-10:30am	Lap: 8-10:30am Gen: 11-6pm
5	6	7	8	9	10	11
Lap: 8-10:30am Gen: 11-6am	Early 6-8am Lap: 8-10:30am	Early 6-8am Lap: 8-10:30am	Early 6-8am Lap: 8-10:30am	Early 6-8am Lap: 8-10:30am	Early 6-8am Lap: 8-10:30am	Lap: 8-10:30am Gen: 11-6pm
12	13	14	15	16	17	18
Lap: 8-10:30am Gen: 11-6pm	Early 6-8am Lap: 8-10:30am	Early 6-8am Lap: 8-10:30am	Early 6-8am Lap: 8-10:30am	Early 6-8am Lap: 8-10:30am	Early 6-8am Lap: 8-10:30am	Lap: 8-10:30am Gen: 11-6pm
19	20	21	22	23	24	25
Lap: 8-10:30am Gen: 11-6pm	Lap: 8:00-10:30am	Lap: 8:00-10:30am	Lap: 8:00-10:30	Lap: 8:00-10:30am	FULL TIME Lap: 8:00-10:30am Gen: 11-8pm	Lap: 8-10:30am Gen: 11-8pm
26	27	28	29	30	JULY 1	2
Lap: 8-10:30am Gen: 11-8pm	Lap: 8:00-10:30am Gen: 11-8pm	Lap: 8:00-10:30 am Gen: 11-8pm	Lap: 8:00-10:30am Gen: 11-8pm	Lap: 8:00-10:30am Gen: 11-8pm	Lap: 8:00-10:30am Gen: Swim 11-8pm	Lap: 8-10:30am Gen: 11-8pm
3	4	5	6	7	8	9
Lap: 8-10:30am Gen: 11-8pm	Lap: 8:00-10:30AM Gen: 11-6PM HOLIDAY HOURS	Lap: 8:00-10:30am Gen: 11-8pm	Lap: 8:00-10:30am Gen: 11-7PM WNSE 7-9pm	Lap: 8:00-10:30am Gen: 11-8pm	Lap: 8:00-10:30am Gen: 11-8pm	Lap: 8-10:30am Gen: 11-8pm